



HEL'S KITCHEN | *catering*  
Culinary Architects • Delivered • Blue Sky Picnics

### A LITE DAIRY KIDDUSH

Mini Lox & Bagel Sandwiches  
Fresh Nova Lox served with Sliced Tomatoes, Sliced Cucumbers,  
Thinly Sliced Red Onions & Whipped Cream Cheese

Fancy Albacore Tuna Salad  
with Fresh Anjou Pears & Black Diamond Walnuts

Hel's Famous Egg Salad

Fresh Pita Triangles, Assorted Rolls & Flatbread Crackers

Grilled Vegetable Crudite  
including Eggplant, Carrots, Broccoli, Cauliflower  
Yellow, Red & Green Peppers, Red Onions, Squash & Asparagus  
accompanied by Sour Cream Plantain & Roasted Red Pepper Dipping Sauces

Fresh Fruit Kabobs of Cantaloupe, Honeydew & Strawberry  
garnished with Red Flame Grapes

\$12.65 per Guest

### ANOTHER EXTENDED KIDDUSH

Open Face Mini Bagels with Plain & Chive Whipped Cream Cheeses,  
Sliced Tomatoes, Sliced Cucumbers & Thinly Sliced Red Onions

Hel's Orange Blintz Soufflé  
garnished with Fresh Sliced Strawberries

Fresh Fruit Kabobs  
of Cantaloupe, Honeydew & Strawberry  
garnished with Red Flame Grapes

Cocktail-Sized Smoked Salmon Wrap  
Nova Lox, Thinly Sliced Cucumber, Whipped Cream Cheese, Capers & Scallions  
wrapped in a Flour Tortilla

An assortment of our Freshly Baked Finger Desserts & Petite Pastries to include

White Chocolate Raspberry Cheesecake Bars

Petite Apple Strudels

Petite Napoleons

Lahina Clouds

Rocky Road Brownies

Malted Milk Bars

Chocolate Covered Banana Squares

\$11.25 per Guest

A SIMPLE EXTENDED KIDDUSH

Freshly Baked Bagels & Bialys  
and Plain & Chive Whipped Cream Cheeses  
accompanied by Sliced Tomatoes, Sliced Cucumbers & Thinly Sliced Red Onions

Petite Sandwiches  
of  
Fancy Albacore Tuna Salad  
with Fresh Anjou Pears & Black Diamond Walnuts on Whole Wheat Roll  
&  
Fresh Grilled Vegetables  
with Roasted Yellow Pepper, Baby Eggplant, Italian Squash,  
Fresh Plum Tomato & Buffalo Mozzarella on Petite Focaccia

Hannah's Noodle Kugle  
with Crunchy Almond Apricot Topping

A Sweeping Display of Fresh Fruit to include  
Honeydew Melon, Cantaloupe, Watermelon, Seedless Grapes,  
Fresh Pineapple & Select Strawberries

An assortment of our Freshly Baked Finger Desserts & Petite Pastries  
to include

Turtle Bars	Lemon Delites	Chocolate Chip Cookies
Raspberry Oatmeal Triangles		Rocky Road Brownies
Key Lime Tartlets		Chocolate Éclairs

\$13.05 per Guest

A LITTLE MORE THAN JUST A KIDDUSH

Open Face Mini Bagels with Fresh Nova Lox  
with Plain & Chive Whipped Cream Cheeses, Sliced Tomatoes & Sliced Cucumbers  
accompanied by Thinly Sliced Red Onions on the side

Our Frittata of Zucchini, Mushroom & Vidalia Onion  
with Sautéed Green Pepper, Roasted Red Pepper,  
Cream Cheese, Herbed Croutons & Jarlsberg Swiss Cheese

Pita Pockets  
of  
Fancy Albacore Tuna Salad  
with Fresh Anjou Pears & Black Diamond Walnuts  
&  
Hel's Famous Egg Salad

Fresh Fruit Salad of  
Honeydew, Cantaloupe, Pineapple,  
Red Flame Grapes, Strawberries & Mandarin Oranges

Petite Apple Strudels, Assorted Rugelah & Assorted Finger Desserts

\$15.50 per Guest

JUST THE KIDDUSH

Traditional Kiddush Wine

White Grape Juice

Fresh Baked Challah

(125 Guests & Under)  
\$1.50 per Guest

(126-199 Guests)  
\$1.25 per Guest

(200 Guests & Up)  
\$1.00 per Guest