



HEL'S KITCHEN | *catering*
Culinary Architects • Delivered • Blue Sky Picnics

REFRESHMENT BREAKS

MORNING BREAK

Assorted Mini Muffins

Fresh Fruit Kabobs of Cantaloupe,
Honeydew & Strawberry
garnished with Red Flame Grapes

Individual 6 oz Yogurt in Assorted Flavors

\$4.25 per Person

HIT THE TRAIL

Salted Pretzels
with Horseradish Mustard

Hel's Hit The Trail Mix
An Energizing Blend of Dried Fruit,
Nuts & Yogurt Covered Raisins

\$2.55 per Person

TAKE ME OUT TO THE BALL GAME

Honey Roasted Peanuts

3 Varieties of Popcorn
(Cheese, Plain & Caramel)

Soft Pretzels with Yellow Mustard

\$3.70 per Person

THE HEALTHY BREAK

Classic Chex Mix

Assorted Granola Bars

\$2.95 per Person

HALF & HALF

Lay's Ridged Potato Chips with Onion Dip

Carrot & Celery Sticks
accompanied by Original Ranch Dip

\$2.95 per Person

JUNK FOOD BREAK

Assorted Miniature Candy Bars

Twinkies & Hostess Cupcakes

\$3.50 per Person

A LA CARTE

Fresh Vegetable Crudite
of Broccoli, Cauliflower, Asparagus, Carrots & other select Fresh Vegetables
accompanied by Spinach Spring Scallion & Roasted Red Pepper Dips
\$60.00 (serves 30-40)
½ Size \$35.00 (serves 14-18)

Display of Domestic Cheeses
to include Havarti, Cheddar, Pepper Jack & Muenster Cheeses
alongside Dried Fruit, Berries & Grapes
served with Assorted Crackers
\$1.95 per Person

Whole Fruit Basket
Apples, Bananas, Oranges, Pears and Red & Green Grape Clusters
Assortment based on availability.
\$1.25 per Piece
(minimum 10 pieces)

Fresh Fruit Kabobs of Cantaloupe, Honeydew & Strawberry
garnished with Red Flame Grapes
\$1.25 each
(minimum 12)

Hel's Hit The Trail Mix
An Energizing Blend of Dried Fruit, Nuts & Yogurt Covered Raisins
\$12.40 per Lb

Fresh Crisp Red, Blue & Yellow Corn Chips
served with Hel's Homemade Pico de Gallo & Hel's Mango Salsa
\$1.75 per Person
Add Guacamole (2 oz pp) \$3.25 per Person

Individual Bags of Baby Carrots
\$1.00 each
(minimum 12)

Individual Bags of Sea Salt Kettle Chips
\$1.25 each
(minimum 12)

Individual Bags of Pretzel Twists
\$1.25 each
(minimum 12)

Assorted Granola Bars
\$1.50 each
(minimum 12)