



HEL'S KITCHEN | *catering*
Culinary Architects • Delivered • Blue Sky Picnics

A LITE DAIRY KIDDUSH

Mini Lox & Bagel Sandwiches
Fresh Nova Lox served with Sliced Tomatoes, Sliced Cucumbers,
Thinly Sliced Red Onions & Whipped Cream Cheese

Fancy Albacore Tuna Salad
with Fresh Anjou Pears & Black Diamond Walnuts

Hel's Famous Egg Salad

Fresh Pita Triangles, Assorted Rolls & Flatbread Crackers

Grilled Vegetable Crudite
including Eggplant, Carrots, Broccoli, Cauliflower
Yellow, Red & Green Peppers, Red Onions, Squash & Asparagus
accompanied by Sour Cream Plantain & Roasted Red Pepper Dipping Sauces

Fresh Fruit Kabobs of Cantaloupe, Honeydew & Strawberry
garnished with Red Flame Grapes

\$12.65 per Guest

ANOTHER EXTENDED KIDDUSH

Open Face Mini Bagels with Plain & Chive Whipped Cream Cheeses,
Sliced Tomatoes, Sliced Cucumbers & Thinly Sliced Red Onions

Hel's Orange Blintz Soufflé
garnished with Fresh Sliced Strawberries

Fresh Fruit Kabobs
of Cantaloupe, Honeydew & Strawberry
garnished with Red Flame Grapes

Cocktail-Sized Smoked Salmon Wrap
Nova Lox, Thinly Sliced Cucumber, Whipped Cream Cheese, Capers & Scallions
wrapped in a Flour Tortilla

An assortment of our Freshly Baked Finger Desserts & Petite Pastries to include

White Chocolate Raspberry Cheesecake Bars

Petite Apple Strudels

Petite Napoleons

Lahina Clouds

Rocky Road Brownies

Malted Milk Bars

Chocolate Covered Banana Squares

\$11.25 per Guest

A SIMPLE EXTENDED KIDDUSH

Freshly Baked Bagels & Bialys
and Plain & Chive Whipped Cream Cheeses
accompanied by Sliced Tomatoes, Sliced Cucumbers & Thinly Sliced Red Onions

Petite Sandwiches
of
Fancy Albacore Tuna Salad
with Fresh Anjou Pears & Black Diamond Walnuts on Whole Wheat Roll
&
Fresh Grilled Vegetables
with Roasted Yellow Pepper, Baby Eggplant, Italian Squash,
Fresh Plum Tomato & Buffalo Mozzarella on Petite Focaccia

Hannah's Noodle Kugle
with Crunchy Almond Apricot Topping

A Sweeping Display of Fresh Fruit to include
Honeydew Melon, Cantaloupe, Watermelon, Seedless Grapes,
Fresh Pineapple & Select Strawberries

An assortment of our Freshly Baked Finger Desserts & Petite Pastries
to include

Turtle Bars	Lemon Delites	Chocolate Chip Cookies
Raspberry Oatmeal Triangles		Rocky Road Brownies
Key Lime Tartlets		Chocolate Éclairs

\$13.05 per Guest

A LITTLE MORE THAN JUST A KIDDUSH

Open Face Mini Bagels with Fresh Nova Lox
with Plain & Chive Whipped Cream Cheeses, Sliced Tomatoes & Sliced Cucumbers
accompanied by Thinly Sliced Red Onions on the side

Hel's Special Frittata of Zucchini, Mushroom & Vidalia Onion
with Sautéed Green Pepper, Roasted Red Pepper,
Cream Cheese, Herbed Croutons & Jarlsberg Swiss Cheese

Pita Pockets
of
Fancy Albacore Tuna Salad
with Fresh Anjou Pears & Black Diamond Walnuts
&
Hel's Famous Egg Salad

Fresh Fruit Salad of
Honeydew, Cantaloupe, Pineapple,
Red Flame Grapes, Strawberries & Mandarin Oranges

Petite Apple Strudels, Assorted Rugelah & Assorted Finger Desserts

\$16.70 per Guest

JUST THE KIDDUSH

Traditional Kiddush Wine

White Grape Juice

Fresh Baked Challah

(125 Guests & Under)
\$1.50 per Guest

(126-199 Guests)
\$1.25 per Guest

(200 Guests & Up)
\$1.00 per Guest